



TENNIS TALK

3500 Kenny Rd., Upper Arlington OH 43221 Phone (614) 451-2314

Fb: swimandracquetclub - swimandracquet.com

SUMMER 2022

SWIM & RACQUET

EST 1900

SUMMER FUN ON THE COURTS!

Our racquet sports activities are so fun, because our members are so fun! We look forward to another great year of good tennis, pickleball and paddle.

SEE YA ON THE COURTS!

Heath, Mike & Doug



CALENDAR OF EVENTS:

April 8, GCTA Team Commitments due

April 22, Preliminary Rosters due

TBA, Jr. Sign-up Day

TBA, NEW Member Orientation

May 8, Mother's Day

May 9, Evening Programs begin

May 9-12, Warm-up Week

May 18, GCTA Captains Meeting

May 13, Kickoff Breakfast

May 16, Team Practices begin

May 26, Last day of school

May 27, Last day Captains can add players

June 6, Junior Programs begin

May 23, Matches begin

June 13, Club Championships begin

June 22, Last day to add players

July 8, Ladies Member/Guest Event

July 16, Adult Tennis Party

August 5, Ladies Year End Luncheon

August 8, Playoff week begins

August 11, Junior Programs end

August 13, Adult Tennis Party

August 20, Parent-Child Tournament

August 27, Buddy Up Tennis Event

TENNIS PRO SHOP

(614) 451-2314

snrtennisproshop@gmail.com



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ADULT PROGRAMS

WOMEN'S TENNIS

These are programs organized by the club, with signups through the Tennis Shack. Stop by for more information and to signup.

- Monday, 6-7:30pm: Beginner Ladies Drills
- Tuesday, 6-7:30pm: Instructional drills for beginner to intermediate levels. (3.0- Ladies Practice)
- Wednesday, 6:30-7:30pm: Instructional drills for intermediate to advanced levels. (3.5+ Ladies Practice)
- Thursday, 5:30-6:30pm: Ladies Learn & Play for beginners.
- Thursday, 6:30pm: Ladies Night Out. (organized match play)
- Saturday, 9-10:30am: Bootcamp. (Fun drills for all levels)

And of course, we are proud to host so many ladies GCTA teams! Below is a schedule of match/practice days and times. Team clinics are billed for 8 practices; (4) in May, (4) in June at \$24 per clinic.

GCTA WOMEN'S TEAMS

TEAMS	MATCHES	PRACTICES
2.5 day	Tue.	Mon. 10-11:30am
3.0#1 day	Thu.	Tue. 10:30-12pm
3.0#2 day	Thu.	Tue. 9-10:30am
3.5 day	Wed.	Fri. 9-10:30am
4.0 day	Tue.	Wed. 10:30-12pm
4.5 day	Wed.	Mon. 8:30-10am
Gold#1 day	Thu.	Wed. 9-10:30am
Gold#2 day	Thu.	NA
Platinum day	Tue.	Wed. 9-10:30am
3.0&below	Mon.	Tue. 6-7:30pm
3.0&below#2	Mon.	Tue. 6-7:30pm
3.0&below#3	Mon.	Tue. 6-7:30pm
3.5 Career	Tue.	Wed. 6:30-7:30pm
4.0 Career	Mon.	Wed. 6:30-7:30pm

MEN'S TENNIS

If there was any good thing that came from COVID, it was the men's schedules allowing them to play more tennis! Last summer spawned a whole new wave of enthusiasm with the men. Take a look what we have available for the men this year:

- Tuesday, 7:30-9pm: Themed drills for all levels.
- Wednesday, 6pm: Men's Night Out (organized match play)
- Saturday, 9-10:30am: Bootcamp. (Fun drills for all levels)
- Saturday/Sunday matches

PRIVATE LESSON RATES

To schedule your lesson, contact our Pro Shop with your request... or simply get with the instructor of your choice to workout your schedules.

#	1 hour	1.5 hours
1	\$60.00	\$90.00
2	\$30.00	\$45.00
3	\$23.50	\$33.50
4	\$17.50	\$25.00
5	\$14.00	\$20.00
6	\$11.50	\$16.50

PICKLEBALL

Pickleball is one the fastest growing racquet sports in the U.S.! It's simplicity and quick tempo make it exciting to play... and watch! Played on a smaller court using wooden paddles and wiffle-like plastic balls, the game has lots of action for all levels.

We have SIX courts at S&R, located on the tennis hardcourts. To play, check with the Tennis Shack about scheduling and equipment. To get on a Pickleball Team/league, check with Tennis Shack.

We are asking members and their guests **not to play pickleball while tennis matches are being played.** The noise the plastic ball and wooden racquets make is very distracting during matches.

snrtennisproshop@gmail.c



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JUNIOR PROGRAMS

Circle the dates/week and program.

PROGRAM CALENDAR

MAY/JUNE

MON	TUE	WED	THU
6-Jun	7-Jun	8-Jun	9-Jun
13-Jun	14-Jun	15-Jun	16-Jun
20-Jun	21-Jun	22-Jun	23-Jun
27-Jun	28-Jun	29-Jun	30-Jun

JULY

Wk 5	NO	5-Jul	6-Jul	7-Jul
Wk 6	11-Jul	12-Jul	13-Jul	14-Jul
Wk 7	18-Jul	19-Jul	20-Jul	21-Jul
Wk 8	25-Jul	26-Jul	27-Jul	28-Jul

AUGUST

Wk 9	1-Aug	2-Aug	3-Aug	4-Aug
Wk 10	8-Aug	9-Aug	10-Aug	11-Aug

Circle program and dates in calendar...

CHILD 1: _____ Age: _____

CHILD 2: _____ Age: _____

Parent(s): _____ Member #: _____

Phone: _____ Email: _____

Completing the above information allows S&R to bill the account of the child listed above for the programs you've signed up for, per the policies set forth by the club. Additional program days will be billed at a per day rate, per the policies set forth by the club.

JUNIOR PROGRAMS

QUICK STARS

3-5 years old

Focus: eye-hand coordination, racquet safety, fitness & fun on the tennis court!

Days: Mon, Tue & Wed... 12:30-1pm

Cost: \$9/day... \$21/wk... \$165/(10)wks

*Thursday is Rain Day

RISING STARS

6-9 years old

Focus: Racquet coordination, stroke knowledge, parts of court, fitness and having fun on the tennis court!

Days: Mon, Tues & Wed... 1-2pm

Cost: \$18/day... \$42/Week... \$330/(10) weeks

*Thursday is Rain Day

SUPER STARS

8-12 years old

Focus: Stroke production, point play, serving, fitness and fun on the tennis court!

Days: Mon, Tues & Wed... 2-3pm

Cost: \$18/day... \$42/Week... \$330/(10) weeks

*Thursday is Rain Day

TOURNAMENT STARS

9-17 yrs old

Focus: Stroke advancement, Serving & Point planning, Match-play strategy, Tournament preparation, Strength & Endurance

Days: Mon, Tue & Wed & Thurs... 1-2:30pm

Cost: \$27/day... \$90/wk... \$720/(10)wks

CANCELLATION POLICY

We require a 24-hour notice when cancelling any scheduled tennis lesson, clinic or program. With your cooperation and communication we can meet our 5:1 student to teacher ratio. We schedule our staff based upon sign-ups, so please help us run a smooth and professional summer junior program that we can all enjoy and learn this great game! Thanks!

Private Groups lessons have been popular the last few summers. We certainly encourage these for players at all levels. These will be offered M-Th 3-6pm, and F-Su when available. Please understand this is a staffing issue. Matches, practices and junior programs require all our staff members. Thanks!

JUNIOR MATCH PLAY

This is certainly one of our most popular programs at S&R! Organized match play on Friday afternoons, for our juniors looking to compete and show off their skills. This is a wonderful transition (or addition) to tournaments and school team play.

Qualifications:

- Player must participate in Tournament Stars at least once per week.
- Player must be able to hit 6 out of 10 serves in play.
- Player must have some knowledge of keeping score.

Details:

- Fridays, 12-2pm
- \$5 per player
- Sign-up in Pro Shop

Weekly sign-ups in
Tennis Pro Shop...

snrtennisproshop@gmail.com



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INSTRUCTORS

Our doors are always open to our members and their guests. We look forward to seeing you and your families around campus having fun on the tennis courts!



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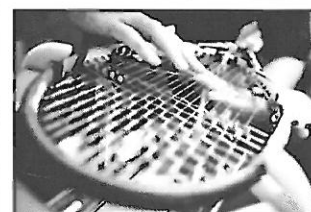
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FULL SERVICE PRO SHOP

Racquet Stringing – Bags –
Regripping – Shoes – Clothing
Ask any of the Pros what's best for you!



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